

TRAINING SESSIONS FOR TRUSTEES OF CHILDREN

PARENTING

- * Communication
- * Child Development
- * Discipline Strategies

EDUCATION

- * Subject Readiness
(reading, math, literacy, etc.)
- * Preparation for Educational
Transitions
- * Understanding SOL's
- * Homework
- * Child Care Assistant
Training

Other sessions can be designed to meet your needs for trustees of children (parents, grandparents, teachers, and other child care providers). Handouts and activity packets can also be provided.

Games from the GET UP Project:

- **Body Bingo**®
- *Use Your Manners Bingo*®
- **Shape Up for School**®



*Reinforce the importance
of getting a good
education*

**Make Every
Minute Count
with your child**



*Provide activities
to encourage your
child be creative
and innovative*

Contact Information

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The GET UP Project

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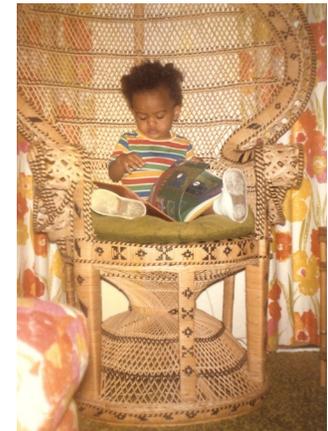
www.TheGetUpProject.com

Other services from
The GET UP Project -
GET UP Games for all ages



Adinkra symbol meaning
"What I hear, I keep" or "I understand"

The GET UP Project



THE GET UP PROJECT

Educational & Developmental
Consulting Services

GETTING EDUCATED TO UNDERSTAND PARENTING



OVERVIEW

The GET UP Project is preparing parents of young people to be the most effective and resourceful parents possible. This program provides workshops and resources to adults and parents, including but not limited to birth parents, foster parents, grandparents, extended family members caring as parents, Day Care providers, teachers and others who care for children. We call these people trustees of children. The intent is to be a driving force in getting caregivers/ trustees gearing up and knowledgeable about how their contributions can guarantee their child's future success.



The logo is the Adinkra symbol "Mate Masie" meaning "What I Hear, I Keep". Understanding means wisdom and knowledge, but it also represents the prudence of taking into consideration what another person has said.



Valerie Scott Price, MS Ed

Educator

Founder/Owner,
The GET UP Project
Networking Services, LLC
started in 2005

Title I/ First Step Program
Newport News Public Schools
Newport News, VA
(1977– 2004)

Model Schools Preschool Program
District of Columbia Public Schools
Washington, DC
(1974-1977)

Education

Old Dominion University
Norfolk, VA
MS Ed, Early Childhood Education
1992

Hampton Institute
(now Hampton University)
Hampton, VA
BS, Early Childhood Education
1974

30 years of teaching experience



GOAL

The GET UP Project is committed to increasing the number of children entering school well prepared, ready to learn, and ready for continued success.

The objective is to reach caregivers and trustees who need assistance assuring their child's success in school and in the future as a citizen of the world. Kindergarten has become more advanced than ever and it has become the first grade of the past. Children who do not get early preparation for school will not be as successful. Much research has been done on early preparation, A child's IQ can be increased about 18 points because of early education. The child's brain develops over 80% in the first five years. The aim of **The GET UP Project** is to prepare trustees of young children and reduce the number of children unprepared for school.

"Getting Educated To Understand Parenting"

